ANNUAL PREPORT Chevy Chase At Home



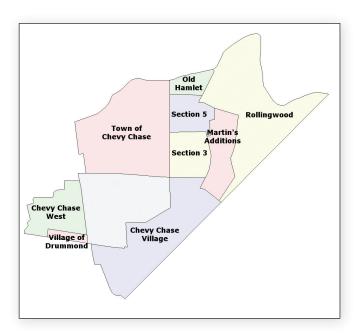
2017 ANNUAL REPORT

About Chevy Chase At Home

Chevy Chase At Home (CC@H) is a non-profit organization for residents of nine Chevy Chase neighborhoods who wish to remain in their homes and stay connected to their community as they age. Part of a nationwide Village Movement, CC@H assists those who join to live independent, active lives in their own familiar surroundings.

Older adults in our designated neighborhoods (see map below) who may need volunteer services, as well as educational and social programs, are encouraged to join CC@H as **Members**. Neighbors of all ages are welcome to join as **Associates**. Associates have access to all the same programs that our Members do. Associates bring vital intergenerational connections to CC@H.

CC@H also welcomes nearby neighbors who live outside our borders to join as Friends of Chevy Chase At Home.



Chevy Chase At Home Neighborhoods

CHEVY CHASE AT HOME, INC
P.O. Box 15102, Chevy Chase, MD 20825 • 301-657-3115
www.chevychaseathome.org • info@chevychaseathome.org

Chevy Chase At Home is registered in the State of Maryland as a charitable organization. A copy of the current financial statement is available by writing or calling our office. Documents and solicitations submitted under the Maryland Solicitations Act are also available, for the cost of postage and copies, from the Maryland Secretary of State,

State House, Annapolis MD 21401, 410-974-5534.

From the President and the Executive Director

Dear Friends,

We are pleased to present the 2017 Annual Report of Chevy Chase At Home (CC@H). CC@H was incorporated in 2009 and began volunteer-provided services in 2011. This report marks our seventh full year of providing services, activities and programs to the older adult community in Chevy Chase, Maryland.

2017 has been a most successful year for us. We have assisted our member-neighbors with 1,960 individual services such as rides to appointments, assistance with computers and other technology, household chores, walks in the neighborhood, brunches and lunches together. Although we help each other in these many important ways, we are reminded daily that perhaps the best thing we do is to provide interactions, opportunities and events for all to enjoy, in the company of friends and neighbors we may have never known before CC@H existed. With all of our enjoyable programs and stimulating activities, we help prevent loneliness that can be so demoralizing, and indeed unhealthy, to those of us who are older, live alone, or suffer from a disability.

This year we have expanded our connections within the community as we continue to serve our members with essential services. We established a relationship with Chevy Chase Elementary School in the celebration of its 100th birthday, embarking on a Pen Pal program for young students with older correspondents of CC@H. We were fortunate to have the expertise of GTGTech, a local non-profit consulting group of high school women, who teach older adults about computers and other devices. We have continued the Storm Buddy program where every Member can feel secure that during inclement weather a nearby volunteer is available to assist, if needed. With Montgomery County Fire & Rescue Service, we visited 63 homes in our community and replaced smoke and carbon monoxide detectors to meet the 2018 standards of the State of Maryland for these devices.

We were mesmerized by David Duberman's talk, "The Intelligence Cold War in Western Europe: KGB vs. CIA," and we were treated to a talk by Alexandra Zapruder, a life-long Chevy Chase resident, who has written "Twenty-Six Seconds," concerning the effects, over decades, of the home movie taken by her grandfather, Abraham Zapruder, of the assassination of President John Kennedy. We sponsored a three-part series on Health Care and Aging from the perspectives of three professionals -- a gerontologist, a palliative care physician, and a health economist. Their insights provided their audiences with greater awareness of current medical practices and the future of long-term care.

So, it has been a vibrant year for Chevy Chase At Home, and we look forward to more in the future. We are grateful to the Members, Associates and Friends of CC@H; to the more than 100 volunteers who provide our services; to those who serve on committees and on the Board of Directors; and to all our supporters and contributors who help us enhance the lives of the people in our community.

Nathan Billig
President

Catherine McCallum Executive Director



Our Volunteers

Volunteers are the heartbeat of Chevy Chase At Home - their commitment makes services in the home and transportation possible. All adult volunteers receive training that provides them with specific skills and strategies needed to support Members who request assistance. The following individuals volunteered for Members in 2017.

Anita Albertson Jan Augustine Nancy Benner Jeffery Berger Nathan Billig Coleman Bird Judy Campbell Bird Karen Bokat Nathalie Bramson Jay Brown Barbara Bryniarski Catherine Cecere Lucy Cook Jeff Dammann Andrea Danko-Koenig Ramon Daubon Grea Dixon David Duberman Sharon Eldor Gerling Louis Evangelista Laura Fenves Bernard Finn Stacey FitzSimmons John Fleder Jeffrey Frey

Howard Gensler

Mary D.Gorman

Tracy Gensler

Peter Gray

2

Betsy Hague

Susan Hamburger Martha Hogan **Edward Howard** Frank Huffman Richard Ireland Lanny Johnson Raymond Johnston Irving Kaminsky Linda Kaplan Sue Keisler Christine Kessides Susan Kilborn Sam Lawrence Steve Lawton John Lee **Bob Levering** Mary Levering Catherine McCallum Peggy Mercorella Monique Milhollin Flizabeth Mirel Mark Nadel Jill Nelson Mark Pape Fran Pitlick Michael Pollard Aaron Presnall Margie Radovsky Janet Regan

Patricia Rengel

Cory Rogers
Helene Sacks
Alan Seifert
Rita Furst Seifert
Pamela Sislen
Karen Spangler
Jean Sperling
Betsy Stephens
Carol Sutherland
Julie Trocchio
Katie Vale
Loraine Vitelozzi
Margaret Weller
Cathy Wolf
Kathryn Zimmerman

Youth Volunteers

Jameel Brown
Daniel Byrne
Caroline O'Neil
Chloe Kirk, Crew 255
Victor Mardon, Intern
Tara Presnall, Crew 255
Zachary Presnall, Troop 255

Office Volunteers

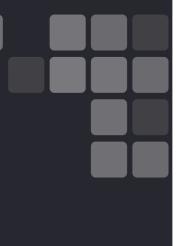
Janet Regan
Sue Keisler
Don MacGlashan (audio)
Peggy Mercorella
Fran Pitlick (audio)





Volunteer Lanny Johnson chats with our accountant Scott Boyd at the VSC Appreciation party.





Our Events

CC@H events provide our members and the community the opportunity to stay connected in friendship, health and safety. Meet and Mingles are monthly programs designed to entertain, educate and engage our members and their neighbors. Evening and Special Programs feature experts and authors with an appeal to the community at large. CC@H partners with other groups through Community Partner Events to connect members and neighbors to vital services and information. Member Events, Affinity Groups and Classes are annual and ongoing member-inspired activities.

We thank the many presenters, musicians and volunteers who provided the following programs in 2017, and our instructors Sharon Gelboin-Katz and Irene Koegel for providing ongoing exercise classes.

Daytime Meet and Mingles:

Have a Laugh with Victor Borge Facebook & Other Social Media for All of Us Seeking Alice with Author Camilla Trinchieri St. Patrick's Day Party Tech Tuesday All About Gargoyles Musicale & Ice Cream Social Backyard Birding & Beyond Come to the Movies: Calendar Girls Dance & Song For Seniors Mono Print Workshop Uber, Lyft, GoGo Grandparent & More Treasures of the Freer & Sackler

Heath Care & Aging Series:

Holiday Sing-a-Long

Part 1: New Models of Care for Chronically III Seniors (Dr. Eric DeJonge)

Part 2: When Times Get Tough: Facing Chronic Illness and End of Life Care (Dr. Christina Prather)

Part 3: Aging in an Era of Disruption & Opportunity (Howard Gleckman)

Evening & Weekend Programs

Twenty-Six Seconds with author Alexandra Zapruder The Intelligence War In Western Europe: KGB vs. CIA (David Duberman)

Community Partner Events

Home Safety Visits (MCFRS Senior Outreach and Education) Generation to Generation Tech (GTGTech) Trash & Treasure for Town Members

(Scouts) National Village To Village Gathering

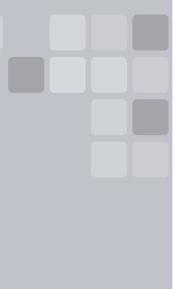
(VtoV Network)

Member Events, Affinity Groups & Classes

Member Celebration Luncheons at La Ferme Brunch Bunch Walking Club, Knitting, Jewelry Making, Seasonal Birding Zumba Gold® Gentle Seated Pilates CPR/AED Awareness & Choking Prevention



La Ferme Luncheon



Our Committees

CC@H committee volunteers are the backbone of CC@H and without their time and talent nothing would have been accomplished in 2017.

VOLUNTEER SERVICES COMMITTEE

Chairman:

Peggy Mercorella

Members:

Nancy Benner

Susan Hamburger

Lanny Johnson

Monique Milhollin

Margery Passett

Janet Regan

Karen Spangler

Katey Vale

SOCIAL NETWORKING AND PROGRAM COMMITTEE

Chairman:

Betty O'Connor

Members:

Rhoda Abrams

Elizabeth Cullen

Sandie Deighton

Sandy Geller

Linda Graham

Irene Hoskins

Ann Joseph

Linda Kaplan

Marlyse Kennedy

Kathleen McGuinness

Fran Pitlick

Marion Robertson

Molly Ruhl

Pat Schleifer

Barbara Scupi

Millie Shott



MEMBERSHIP COMMITTEE

Co-Chairmen:

Judith Silber

Karen Bokat

Members:

Lucy Cook

Gaby Gandal

Irving Kaminsky

Linda Kaplan

COMMUNITY SERVICE PROVIDERS COMMITTEE

Chairman:

Lanny Johnson

Members:

Barbara Coleman

Elaine Collins

Tom Collins

Gail Feldman

COMMUNICATIONS COMMITTEE

Co-Chairmen:

Caroline Michaelis

Fran Pitlick

Members:

Jan Augustine

Elaine Collins

Nathalie Bramson

David Duberman

Jean Sperling

DEVELOPMENT COMMITTEE

Chairman:

Nathan Billig

Members:

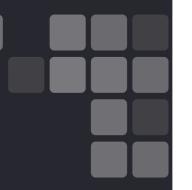
Linda Kaplan

Catherine McCallum

Laura Fenves

Rhoda Abrams and Betty O'Connor enjoy another great event.

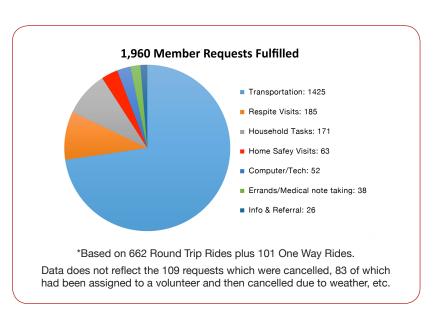
Chevy Chase At Home



Statistics

CHEVY CHASE AT HOME BY THE NUMBERS 2017

- **1,960** Member requests fulfilled by volunteers which included rides to appointments, tech support, respite visits, help with household tasks, and more. This also reflects direct service referrals to our Neighbor Recommended List of home maintenance providers and our home care provider list.
- Attendees at our 41 social and educational events throughout the year.
- 258 Members, Associates and Friends from 160 households who joined by December, 2017.
- **233** Donations received from our neighbors in support of our goals.
- 110 Times our Gentle Seated Pilates and Zumba Gold® exercise classes met.
- Service volunteers who gave over 1,552 hours of direct service to our members requesting assistance.
- 70 Times our affinity groups met. The groups included the weekly walking club, knitting circles, jewelry making and birding groups.
- Households, including 23 non-member households, that received an in-home safety visit.
- 51 Board of Directors and Committee Members who gave countless hours to CC@H.
- New volunteers who completed our volunteer training and observers from 3 area aging in place villages who participated in our volunteer trainings.



Chevy Chase At Home

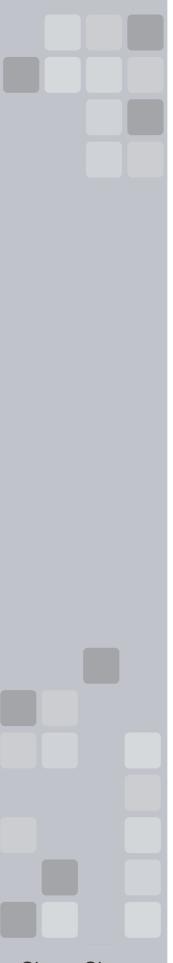


From top left corner going across: 2017 Board of Directors; pianist/composer Alistair Coleman; Alexandra Zapruder signing copies of *Twenty-Six Seconds;* Tech Tuesday; Harpist Bridget Kemper; Pianist Roy Barber and Evelyn W. lead a song; Marlyse K.; MCFRS Fire Fighters & Victor Mardon; Susan B. & Scout Tara Presnall; Fran P., Mono Print class; Health & Aging speaker Howard Gleckman; Judith S. & Scout Zachary Presnall; Sing-a-long; Docent Frances Li & Lois F. chat; Betty O., SNP Committee; Kathleen M. & Fran P. provide Tech support



Income	
Membership Dues	39,100
Donations ¹	79,395
Fees for Classes	15,558
То	tal \$134,053
Expenses	
Personnel ²	86,972
Administrative Expenses (insurance, etc.)	6,581
Executive Office (parking, supplies, etc.)	3,921
Programs and Member Services	1,876
Instructor Fees	9,112
Printing	1,566
Postal	1,570
Legal	102
То	tal \$111,700
In-Kind Services & Donations	
Office Space ³	50,000
Legal	5,000
Accounting Services	4,500
Printing & Design Services	2,000
Office Supplies, Refreshments, etc.	454
То	tal \$61,454

- Note 1: This includes the donation portion of Associate & Friend fees, individual and business donors and grants.
- Note 2: Our part-time Executive Director and part-time Office Administrator work alongside the volunteer corps to keep every aspect of CC@H moving, from volunteer coordination for Member services and programs to day-to-day administration.
- Note 3: Estimated value based on commercial rental property rate in downtown Bethesda.



Thanks to these individual donors for supporting our organization:

For their exceptional generosity, we give special thanks to:

Jan Augustine*
Nathan Billig & Gail Weinmann *
Karen & Stephen Bokat*
Scott C. Boyd
Jay & Hayat Brown*
Pat Burda
Barbara Coleman

Lucy & Charlie Cook*
The Hon. Diana Lady Dougan, in memory of the Hon. Elaine Staggers Lady

Lois & Alan Fern* Jamie S. Gorelick

Susan Hamburger* in memory of Stanford Hamburger

Sydney Hoffmann & David Krakoff

Linda & Stephen Kaplan*

Ava Kaufman*

Robert & Ellen Leibenluft

Douglas & Marybeth McDaniel

Caroline Michaelis* in memory of Michael Michaelis

Monique & Gary Milhollin*

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Mark & Beverly Nadel*

Betty O'Connor*, in memory of Jack O'Connor

Janet & Patrick Regan*

Fran Pitlick & Jerry Bernstein*

Donald & Marion Robertson*

Judith & Earle Silber*

Karen Spangler & Matthew Yeo*

Ira J. Wagner & Marcia L. Wagner

*These individuals participated as Board, Committee or Past Board Members in the Board Challenge.

Anonymous (4)

Venetta Acson

Anita Albertson

Patricia & William Allman

Elaine & Juan Altamar

Charlotte & Ettore Appella

Bryan Arling

Rhonda Baines

Caroline W. Barnett, in memory of my beloved Dad, the Hon. Leon J. Weil, US

Army & US Navy World War II veteran

Deborah Barr

Sean Beeny & Ann Medinger

Nancy & Harry Benner

Sandra & David Berler

Joan Berman

Kathleen & Richard Besha

Darren Binder & Dave Liedman,

in honor of Judy Silber

Susan Blacklow

Barbara Boggs

Carole & Nicholas Brand,

in honor of Susan Hamburger

Leah Brasch & Dan Koch

Ralph & Corkie Bryant

Barbara Bryniarski

Kathleen V. Buffon

Helga & William Butler

Veda Charrow

Elaine & Tom Collins

Jean & Robert Comstock

Judith & Geoffrey Corbett

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Individual Donors . . . continued Thank you for supporting our organization:

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Sandy & Lance Crist

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Darwin Curtis

Paulette & Richard D'Abreu Miriam Daniel & Laurence Wolff

Joel Danies

Andrea Danko-Koenig & Thomas Koenig

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Anne De Fontnouvelle Nicole & Craig Dobson

Diane Dorfman Linda Dreeben David Duberman,

in memory of Inger Duberman

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Roderick & Sharon Dwyer, in memory of Jack O'Connor

Mary & Bob Eccles Darryl M. Edelstein Peter & Rose Edwards

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Pam & Rich Feinstein, in honor of Karen Bokat Gail & Roger Feldman Norma & Steve Fenves

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in memory of Naomi Kaminsky Veena Kapur & Mohsin Siddique

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in honor of 60th anniversary of

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Diane Kartalia & Theodore Hoppock

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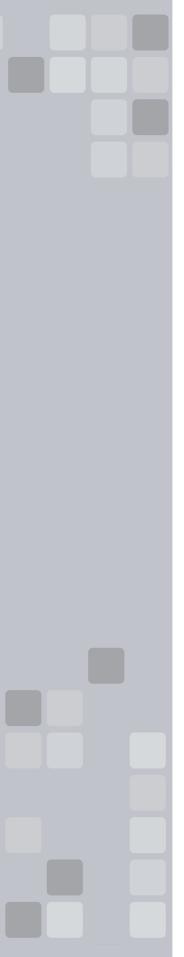
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Belva & John MacDonald
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Don & Helen McDowell
Cynthia and Michael McKee
James H. McNaughton



Individual Donors . . . continued Thank you for supporting our organization:

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Keith Martin

Peggy & Phillip Mercorella*

Marilyn Meyers, in honor of Jan Augustine

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in memory of Michael Michaelis

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Tom Plotz & Cathy Klion

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Tom & Ruth Powers.

in memory of Dorothy Walters

Barbara & Dean Presnall

Mary-Stuart Price,

in memory of Lance B. Swann

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in gratitude to Peggy Mercorella

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in memory of James Barrett Benton

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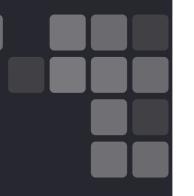
John Ydstie & Mary Jo Vrem

Marjorie Zapruder

Anne C. Zehner

Deborah Zwicker

Chevy Chase At Home



Community Supporters DONORS and GRANTORS Thank you for supporting our organization!



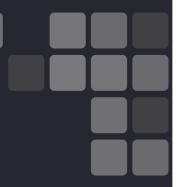
A Home Safety Grant from CECO Philantropic Foundation PERRY SIRVING CONTRACTORS SINCE 1911 TW Perry, Silver Spring Philantropic Foundation Fitzgerald Auto Mall

Heritage Investment Management Corp., in Bethesda, MD



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Scott C. Boyd, CPA, CVA Ginsberg Boyd, PLLC www.ginsbergboyd.com

Christopher J. Regan, JD Regan Zambri Long, PLLC www.rhllaw.com

IN-KIND OFFICE, MEETING AND EVENT SPACE

Town of Chevy Chase, Chevy Chase Village Bethesda-Chevy Chase Regional Services Center Chevy Chase United Methodist Church









IN-KIND SERVICES AND DONATIONS FOR PROGRAMS, EVENTS and COLOR PRINTING

Montgomery County Fire & Rescue Service; La Ferme Restaurant; BSA Troop 255 and GSA Troop 2835; Jewish Social Service Agency; Iona Senior Services; Generation to Generation Tech; Beverly Nadel & Melissa Brown with Evers & Co. Real Estate, a Long & Foster Company (color printing); and a volunteer appreciation gift from Vamoose Bus















Chevy Chase At Home

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Elaine Collins
Lucy Cook
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Lois Fern
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Linda Kaplan
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Monique Milhollin
Mark Nadel
Barry Passett
Janet Regan
Karen Spangler
Catherine McCallum, Ex Officio (Executive Director)
Fran Pitlick, Ex Officio (Special Adviser)

Office:

Laura Fenves, Office Administrator Victor Mardon, B-CC Student Intern

Acknowledgements

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Nathan Billig, Jan Augustine, Catherine McCallum, Laura Fenves, Pam & Selwyn Sacks, Caroline Michaelis, Fran Pitlick, and the Communications Committee

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Jan Augustine, John Barnes, Lucy Cook, Fran Pitlick, Kathleen McGuinness, Aaron Presnall (Scouts), Jay Treadwell

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