

# ANNUAL 2020 REPORT

 Chevy Chase  
At Home

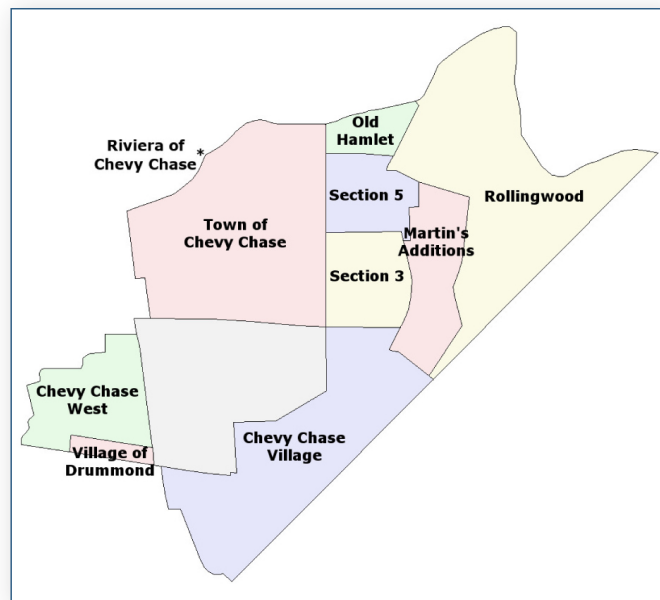


# About Chevy Chase At Home

**Chevy Chase At Home (CC@H)** is a non-profit organization for residents of ten Chevy Chase neighborhoods who wish to remain in their homes and stay connected to their community as they age. Part of a nationwide Village Movement, CC@H assists those who join to live independent, active lives in their own familiar surroundings.

Older adults in our designated neighborhoods (see map below) who may need volunteer services, as well as educational and social programs, are encouraged to join CC@H as **Members**. Neighbors of all ages are welcome to join as **Associates**. Associates have access to all the same programs that our Members do, but do not receive volunteer services. Associates bring vital intergenerational connections to CC@H.

CC@H also welcomes nearby neighbors who live outside our borders to join as **Friends of Chevy Chase At Home**.



Chevy Chase At Home Member Neighborhoods

CHEVY CHASE AT HOME, INC.

P.O. Box 15102, Chevy Chase, MD 20825 • 301-657-3115

[www.chevyCHASEATHOME.ORG](http://www.chevyCHASEATHOME.ORG) • [info@chevyCHASEATHOME.ORG](mailto:info@chevyCHASEATHOME.ORG)

Chevy Chase At Home is registered in the State of Maryland as a charitable organization. A copy of the current financial statement is available by writing or calling our office. Documents and solicitations submitted under the Maryland Solicitations Act are also available, for the cost of postage and copies, from the Maryland Secretary of State, State House, Annapolis MD 21401, 410-974-5534.



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## From the Board President

Dear Chevy Chase At Home Friends,

Chevy Chase At Home reached a milestone this year, as we celebrated our 10th anniversary. In 2009, two Chevy Chase neighbors, Naomi Kaminsky and Joan Urban, joined together to start an “aging in place village”. The rest, as they say, is history. On May 19, 2019, Chevy Chase At Home marked this decade of service with a 10th Anniversary Celebration and Silent Auction held at La Ferme restaurant. Many of the founders, past and present leaders, members, volunteers and donors attended the event. The Silent Auction included a variety of items such as; lunch with local politicians, restaurant certificates, gift cards, plus concert and event tickets raising almost \$7,000. Joining us to mark this milestone were Congressman Jaime Raskin, State Senator Jeff Waldstreicher and County Council Member–At-Large Evan Glass.

Chevy Chase At Home is founded on the concept of neighbors helping neighbors and supports older adults in the community in a myriad of ways providing direct services and preventing social isolation. Services include transportation to doctors’ visits, physical therapy sessions, grocery shopping, and small household tasks, plus friendly visits. The many opportunities to interact with neighbors include social events, exercise classes, informational and educational programs and outings to special events, walking and knitting groups, and other social activities. What started as a totally volunteer-run organization has now grown into a two part-time staff operation. However, the volunteers who serve on our communities and who provide services to members are the life blood of Chevy Chase At Home. In all, our trained volunteers and leaders provided 3,169 hours of services to our members and the community.

This year we offered a special five-session Life Story workshop led by Bea Epstein to help people preserve their memories by writing their life stories. We continued our involvement with Chevy Chase Elementary School with our Pen Pals program, pairing members and associates with children in the ESOL program. A few of our special events are noted here: John Eaton, a distinguished and noted pianist, regaled us with a virtuoso performance; Murray Horowitz, who co-authored the hit musical “Ain’t Misbehavin” and helped create the popular quiz show “Wait, Wait, Don’t Tell Me,” entertained us with his wonderful experiences; Michael Dobbs discussed his book, “The Unwanted: America, Auschwitz and a Village Caught in Between” about Jewish families from a small village in Germany trying to escape the Nazis.

We also saw staff changes as Catherine McCallum left her position after seven years at the helm. We welcomed Eriko Kennedy as the Executive Director in September, 2019. She has been active in the village movement and has brought her passion and experience to Chevy Chase At Home. Amy Propps joined the staff in February and is the Deputy Director. She ably ran the office as the Acting Executive Director during the interim between Catherine and Eriko.

None of this could happen without the generosity and support of our donors and contributors. Our volunteers and leaders are what make Chevy Chase At Home thrive and are the bedrock of the organization. The staff provides the administrative and logistic support needed for us to function.

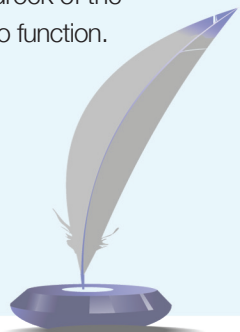
We are ready for our second decade!  
Sincerely,

**Linda Kaplan**  
*2019 Board President*



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# Our Volunteers

As Chevy Chase At Home service offerings and activities, grow, so does the support of our wonderful volunteers. Their kind dedication is remarkable. Their generous gifts of time and compassionate caring for their neighbors truly defines CC@H.

Anita Albertson	Mary Gorman	Rory O'Sullivan
Jan Augustine	Betsy Hague	Mark Pape
Nancy Benner	Susan Hamburger	James Pavle
Nancy Bennotti-Rhodes	Martha Hogan	Fran Pitlick
Nathan Billig	Edward Howard	Michael Pollard
Coleman Bird	Richard Ireland	Susan Post
Judy Campbell Bird	Lanny Johnson	Aaron Presnall
Amy Cooper	Raymond Johnston	Margie Radovsky
Elizabeth Cullen	Linda Kaplan	Janet Regan
Martin Blank	Susan Keisler	Patricia Rengel
Karen Bokat	Christine Kessides	Cory Rogers
Barbara Bryniarski	Susan Kilborn	Doris Ross
Helga Butler	Sam Lawrence	Helene Sacks
Jeff Dammann	Steve Lawton	Pamela Sislen
Ramon Daubon	Ann Lee	Karen Spangler
Sharon Eldor-Gerling	Mary Levering	Jean Sperling
Louis Evangelista	Don MacGlashan	Carol Sutherland
Bernard Finn	Nancy Malan	Michael Thiede
John Fleder	Michele Marston	Bernice Todaro
Jeffrey Frey	Margaret Mercorella	Julie Trocchio
Howard Gensler	Monique Milhollin	Loraine Vitelizzi
Tracy Gensler	Mark Nadel	
Judith Goodwin	Elizabeth Nicholas	





# 2019 Events

CC@H events provide our members and the community the opportunity to stay connected in friendship, health and safety. **Meet & Mingles** are monthly programs designed to entertain, educate and engage our members and their neighbors. **Evening** and **Special Programs** feature experts and authors who appeal to the community at large. CC@H partners with other groups through **Community Partner Events** to connect members and neighbors to vital services and information. **Member Events, Affinity Groups** and **Classes** are annual and ongoing member-inspired activities.

We thank the many presenters, musicians and volunteers who provided the following programs in 2019, and our instructors Sharon Gelboin-Katz and Irene Koegel for providing ongoing exercise classes.

## Daytime Meet & Mingles and Demonstrations\*

Kemper Duo – a harp and pipe musicale  
Jazz, Blues and Broadway –  
a concert with John Eaton  
St. Patricks Day – Culkin Dancers  
Aging Well Resources and  
Guided Relaxation  
AARP Smart Driver Course  
Antiques – An Auctioneer’s Perspective  
Summer Movie  
Open House Reception  
Ice Cream Social  
Fitness and Training for Fall Prevention  
Annual Holiday Party

## Weekend and Evening Programs\*

Financial Scams and What You  
Need to Know  
CC@H’s 10th Anniversary Celebration  
Meditation for Relaxation  
with Christy Sharshel  
An Evening with Murray Horwitz  
The Unwanted: America, Auschwitz  
and a Village Caught in Between

## Member Events, Affinity Groups and Classes

Walking Club, Knitting and Crafts  
Luncheons at La Ferme  
Life Story Workshop  
Zumba Gold®\*  
Music and Movement for Seniors\*  
Tai Chi\*  
Gentle Pilates\*  
Strength Training and Pilates\*

## Community Partner Events\*

Chevy Chase Elementary Pen  
Pals Program  
Friday Morning Music Club –  
Chevy Chase Women’s Club  
Village Leadership Meet Montgomery  
County Council Members –  
Andrew Friedson and Evan Glass

*\*Events and classes open to the public*



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# Our Committees

CC@H committee volunteers are the backbone of CC@H and without their time and talent nothing would have been accomplished in 2019

## VOLUNTEER SERVICES COMMITTEE

### Chairman:

Peggy Mercorella

### Members:

Nancy Benner  
Susan Hamburger  
Lanny Johnson  
Monique Milhollin  
Karen Spangler

## SOCIAL NETWORKING AND PROGRAM COMMITTEE

### Chairman:

Betty O'Connor

### Members:

Rhoda Abrams  
Nathalie Bramson  
Elizabeth Cullen\*  
Sandie Deighton  
Sandy Geller\*  
Linda Graham  
Susan Hamburger  
Ann Joseph  
Linda Kaplan  
Marlyse Kennedy  
Helen McDowell  
Kathleen McGuinness  
Fran Pitlick  
Molly Ruhl  
Pat Schleifer  
Millie Shott\*

\* Participate in special event planning

## MEMBERSHIP COMMITTEE

### Co-Chairmen:

Karen Bokat  
Susan Post

### Members:

Bryan Arling  
Nathan Billig  
Irving Kaminsky  
Linda Kaplan  
Dan O'Laughlin  
Judith Silber (*Chairman, Emeritus*)

## COMMUNICATIONS COMMITTEE

### Co-Chairmen:

Caroline Michaelis  
Fran Pitlick

### Members:

Jan Augustine  
Elaine Collins  
Nathalie Bramson  
Jean Sperling

## COMMUNITY SERVICE PROVIDERS COMMITTEE

### Chairman:

Lanny Johnson

### Members:

Elaine Collins  
Tom Collins  
Gail Feldman

## DEVELOPMENT COMMITTEE

### Chairman:

Nathan Billig

### Members:

Bryan Arling  
Linda Kaplan  
Catherine McCallum, *Executive Director*



# Statistics

## CHEVY CHASE AT HOME BY THE NUMBERS 2019

- 3,169** recorded hours given by service volunteers, committee and board members.
- 1,595** member requests fulfilled by volunteers which includes rides to appointments, tech support, respite visits and help with household tasks. This also includes direct service referrals to our Neighbor Recommended List of home maintenance providers.
- 229** Members, Associates and Friends had joined by December 2019.
- 79** volunteers provided a direct service for our members. Our Volunteer Services Committee assisted 3 Villages with their volunteer training and manuals and ran 4 training sessions for incoming CC@H volunteers.
- 85** times our Gentle Seated Pilates, Zumba Gold @, Music and Movement for Seniors exercise classes met.
- 89** times our affinity groups met. The groups include two weekly walking clubs, a regular monthly knitting, needlepoint and crafts group and the monthly Brunch Bunch.
- 33** EOSL students from Chevy Chase Elementary School exchanged letters with CC@H pen pals.
- 276** donations from neighbors were received.
- 55** donations, in addition, were received in honor of our 10th Anniversary.

### Member Requests Fulfilled

- 67% were for rides to medical related appointments and activities.
- 17% were for household tasks - such as assistance with trash, handyman services, and technology support.
- 13% were home and respite services - such as friendly visits and short walks.







From left to right: Lois Fern, Susan Post, Susan Hamburger; Bridget & Rick Kemper; John Eaton Concert; Caroline Michaelis and Monique Milhollin; Nate Billig, Lois Dean Courtney, Catherine McCallum, Karen Bokar, Linda Kaplan; Pen Pals Event; Earle & Judith Silber; Of Sound Mind - our local Sweet Adelines; Christy Sharshel - mindfulness & relaxation trainer; Richard Ireland & Nancy Benner; Margaret Mercorella, Catherine McCallum, Amy Propps; Irving Kaminsky, Nathan Billig, Loraine Vitellozzi, Richard Ireland - a delicious La Ferme Luncheon; Laszlo Urban, Nathalie Bramson, Joan Urban, Joan Hoover - 10th Anniversary Celebration



# Financials

## FINANCIAL REPORT 2019

### Income

Membership Dues <sup>1</sup>	39,715
10 <sup>TH</sup> Anniversary Auction & Donations	14,758
Donations <sup>2</sup>	88,142
Fees for Classes	14,368
Interest Income	1,631
<b>Total</b>	<b>\$158,614</b>

### Expenses

Personnel <sup>3</sup>	86,192
Administrative Expenses (insurance, etc.)	7,951
Executive Office (parking, supplies, utilities, etc.)	8,131
Legal	1,183
10 <sup>TH</sup> Anniversary Event	6,303
Instructor Fees	9,516
Postal & Printing	4,618
Miscellaneous (dues, subscriptions, etc.)	716
<b>Total</b>	<b>\$124,610</b>

### In-Kind Services & Donations

Office Space <sup>4</sup>	50,000
Accounting Services	5,000
<b>Total</b>	<b>\$55,000</b>

Note 1: This includes the donation portion of Associate & Friend fees.

Note 2: This includes individual donors, business donations and grants.

Note 3: Our part-time Executive Director and part-time Office Administrator work alongside the volunteer corps to keep every aspect of CC@H moving, from volunteer coordination for member services and programs to day-to-day administration.

Note 4: Estimated value based on commercial rental property rate in downtown Bethesda.



## *Thanks to these individual donors for supporting our organization:*

### **We give special thanks to these 2019 PATRONS:**

#### Anonymous

Dr. Bryan Arling	James H. McNaughton
Jan Augustine	Caroline Michaelis
Nathan Billig & Gail Weinmann	Monique & Gary Milhollin
Karen & Stephen Bokat	Mark Nadel
Anita Difanis & Richard Krajeck	Betty O'Connor
Ambassador Diana Lady Dougan	Sally Pitofsky
Alan & Lois Fern	Susan & Robert Post
Jamie Gorelick	Janet & Patrick Regan
Susan Hamburger	Earle & Judith Silber
Linda & Stephen Kaplan	Karen Spangler
Dr. Ava Kaufman	Ira & Marcia Wagner
Doug & Mary Beth McDaniel	Patricia Welsh

### **2019 DONORS**

Anonymous	Elizabeth Cullen & Stephen Chertkof
Charlotte Appella	Anne DeFontrouville
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Nancy & Harry Benner	Charles and Putnam Ebinger
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Mary Ellen & H.E. Bittner	Drs. Gilbert & Rona Eisner
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S. E. Chapoton	Ed Finn
Peter & Heide Clark	Stacey Fitzsimmons & Jack Guralnik
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Sandy Crist	Judy & Rich Gilmore
Diane & Alan Cross	Lori & Stephen Goodman



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## Individual Donors . . . continued

*Thank you for supporting our organization:*

Mary W. Gray	Margaret Mercorella
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Michael & Georgia Guhin	Susan Papadopoulos
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Ann Hartman & David Lawrenz	Carol & Irwin Pernick
Bridget Hartman	Donovan & Katharine Picard
Louise Havlicek	Nancy Pines
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Susan B. Hill	Charles L. Posner
Jeffrey Hooke	Barbara & Dean Presnall
Theodore Hoppock & Dianne Kartalia	Henry & Alicia Ravenel
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Cynthia & Michael McKee	Christian S. White
Melanie Manfield	Ann Wild



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## Individual Donors . . . continued

*Thank you for supporting our organization:*

Parvine Windom  
Diane & Terry Winslow  
Lee & David Wittenstein  
Laurence Wolff

Charles & Nancy M. Wolfson  
Jane Wood  
Holly Worthington  
Beryl Zbar

### RECOGNITIONS

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*In gratitude and appreciation to CC@H*  
Marilyn Hopkins  
Elihu Leifer

#### **In Honor of**

*In honor of Rhodes Boykin*  
Kathy B. Ulman

*In honor of Nathan Billig*  
Carole and Nick Brand  
Mark Nadel

*In honor of Tracy & Howard Gensler –  
our Snow Buddies*  
Lois and Alan Fern

*In honor of Eriko Kennedy*  
Laura and Perry Apfelbaum

*In honor of Karen Bokat*  
Rich & Pam Feinstein  
Russell & Helen Morgan  
Anita Sama & Chris Ruffing

*In recognition of Linda Kaplan*  
Karen Bokat  
Drs. Gill and Family

*In honor of Catherine McCallum*  
Anonymous  
Teresa Otero

*In honor of Joe McGuinness*  
Kathleen McGuinness

*In honor of Judy & Bob Goodwins' 50th  
Wedding Anniversary*  
Sonya Gichner

#### **In Memory of**

---

*In memory of Thomas H. Benton, Sr.*  
Nathan Billig & Gail Weinmann  
Mary Ellen & H.E. Bittner  
Karen Bokat  
Susan Hamburger  
Philip & Margaret Mercorella  
Betty O'Connor

*In memory of David Duberman*  
CC@H Communications Committee  
Helen Keller

*In memory of Naomi Kaminsky*  
Patricia Ann Burda  
Irving Kaminsky

*In memory of Michael Michaelis*  
Caroline Michaelis

*In memory of Jack O'Connor*  
Betty O'Connor

*In memory of Scott Spangler*  
CC@H Volunteer Services Committee

*In memory of Harry Tebbutt*  
Jane Tebbutt

*In memory of Elaine Pearlstine Warshauer*  
Susan & Peter Kahn



# Community Supporters

## DONORS and GRANTORS

Thank you for supporting our organization!

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### IN-KIND OFFICE, MEETING AND EVENT SPACE

Town of Chevy Chase, Chevy Chase Village  
Bethesda-Chevy Chase Regional Services Center  
Chevy Chase United Methodist Church



### IN-KIND SERVICES AND DONATIONS FOR PROGRAMS, EVENTS and COLOR PRINTING

MC Fire & Rescue  
Senior Safety



BSA troop 255 &  
GSA 2835



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## 2019 Board of Directors

### Officers & Directors:

Linda Kaplan, *President*  
Karen Bokat, *Vice-president*  
Elaine Collins, *Acting Secretary*  
Barbara Bryniarski, *Treasurer*

### Members:

Bryan Arling  
Nathan Billig  
Mary Ellen Bittner  
Elizabeth Cullen  
Lois Fern  
Susan Hamburger  
Ava Kaufman  
Kathleen McGuinness  
Monique Milhollin  
Mark Nadel  
Karen Spangler

## Acknowledgements

This report was completed with the crucial support  
and contributions from:

Pamela and Selwyn Sacks  
Nathan Billig, Barbara Bryniarski,  
Catherine McCallum, Amy Propps, Fran Pitlick,  
Linda Kaplan, Eriko Kennedy, Margaret Mercorella

GRAPHIC DESIGN: Darka Jordan

### PHOTOGRAPHERS:

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